

EWB Network 5

24/02/2020

Working with Parents and Carers

Welcome and
cake

Introductions

Agenda

1. Feedback regarding action point 4
2. Re-introduce the 8 Model Whole School Approach
3. NTH updates

BREAK AND NETWORK

5. Group reflections and feedback
8. Resource sharing

Working with Parents and Carers

The family plays a key role in influencing children and young people's emotional health and wellbeing. There is strong evidence that well implemented universal and targeted interventions supporting parenting and family life that offer a combination of emotional, parenting and practical life circumstances (combining drug, alcohol and sex education, for example) have the potential to yield social as well as economic benefits.

NTH Updates

- NTH service offer; overall 9/10 score, difference 7.7/9
- Rosa Forrest – Parent information sessions and Chill n Chat
- ASC Family sessions – Colette Hampson
- Timid to Tiger Parenting Programme

ASC Family Sessions

ASC Offers

1-1 Drop In sessions: call Thriving Kirklees if not known to us and ask for ASC worker/support. If known to us ring NHT and ask for ASC support.

One off sessions for parent/carers can be booked with the ASC family worker to look at individual needs within the home. This may include looking at other support services available, navigating support services or support in personalising information from workshops or the cygnet programme to help implement strategies within the home.

Parent/Carer Workshops:

Open access workshops for parent/carers in Kirklees to raise awareness and offer support. These can be booked online or via phone and are included with the wider parent/carer information session offer. No diagnosis required to access.

Current sessions on offer:

- Understanding ASC
- Supporting yourself as a carer and where to get help
- Sensory development and sensory differences relating to autism
- Parent book themselves

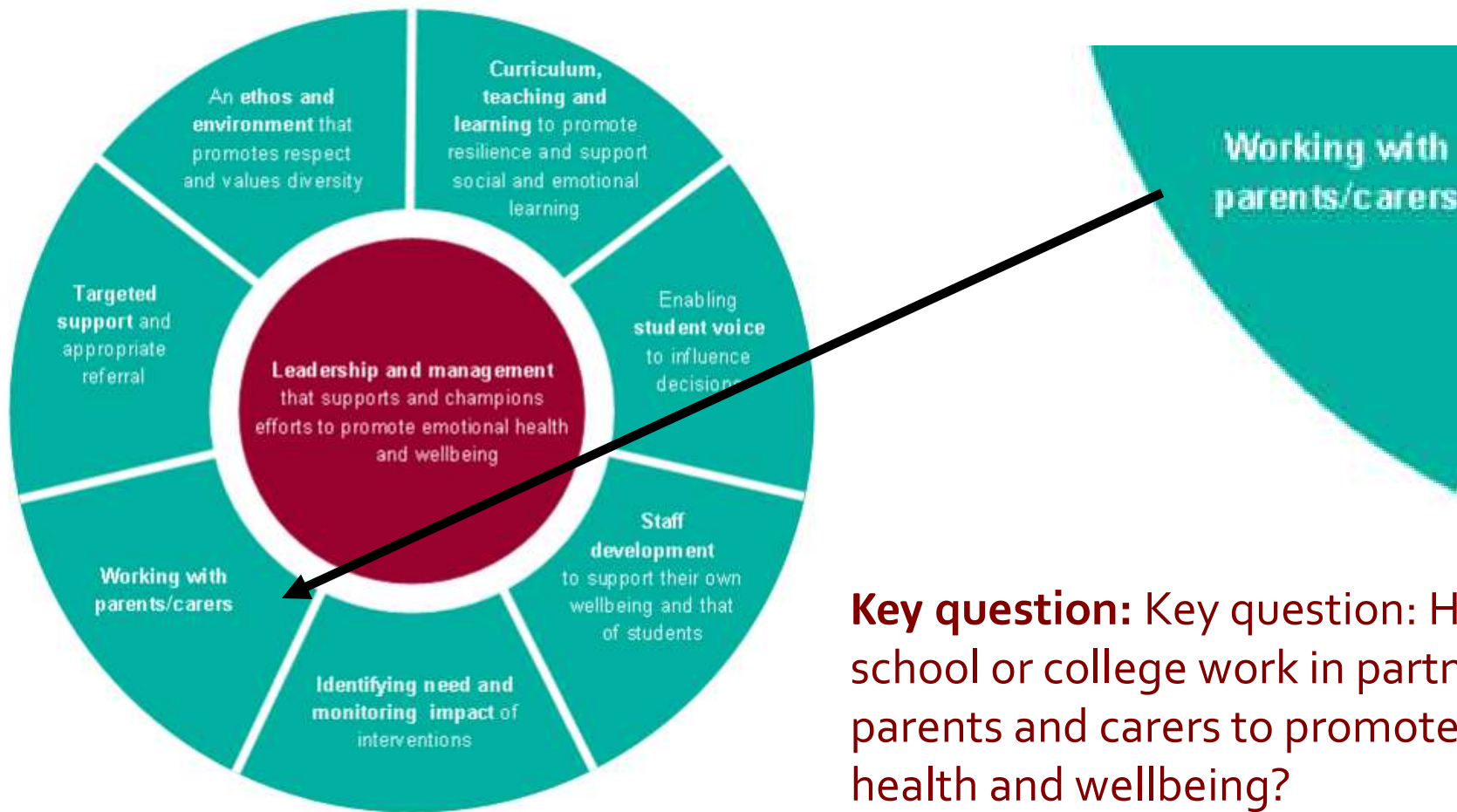
- Colette would like to look at delivering parent info sessions in schools and have Friday **26/06/2020 13:00 -15:00** , Thursday **09/07/2020 13:00 -15:00** , Tuesday **14/07/2020 10:00 - 12:00** as dates and times if you can provide a room to deliver it that would be great.

Timid to Tiger

- CBT based, 10 sessions, 10 weeks maximum
- Benefits; discussion, normalising, networking with each other, support, applying theory to behaviour, home practice, more sustainable than stand alone support
- No drop outs!

8 Model Whole School Approach

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/414908/Final_EHWB_draft_20_03_15.pdf



Key question: Key question: How does the school or college work in partnership with parents and carers to promote emotional health and wellbeing?

Links with the Ofsted inspection framework

The Ofsted inspection criteria expects schools to be engaging parents in supporting pupils' achievement, behaviour and safety and their spiritual, moral, social and cultural development.

NICE guidance recommends:

that primary education providers:

- support all pupils and, where appropriate, their parents or carers (including adults with responsibility for looked after children)
- offer support to help parents or carers develop their parenting skills. This may involve providing information or offering small, group-based programmes run by community nurses (such as school nurses and health visitors) or other appropriately trained health or education practitioners
- give all parents details of the school's policies on promoting social and emotional wellbeing and preventing mental health problems

that secondary education providers:

- work in partnership with parents, carers and other family members to promote young people's social and emotional wellbeing
- help reinforce young people's learning from the curriculum by helping parents and carers to develop their parenting skills. This may involve providing information or offering small, group-based programmes run by appropriately trained health or education practitioners
- ensure parents, carers and other family members living in disadvantaged circumstances are given the support they need to participate fully in activities to promote social and emotional wellbeing. This should include support to participate fully in any parenting sessions, for example by offering a range of times for the sessions or providing help with transport and childcare. This might involve liaison with family support agencies

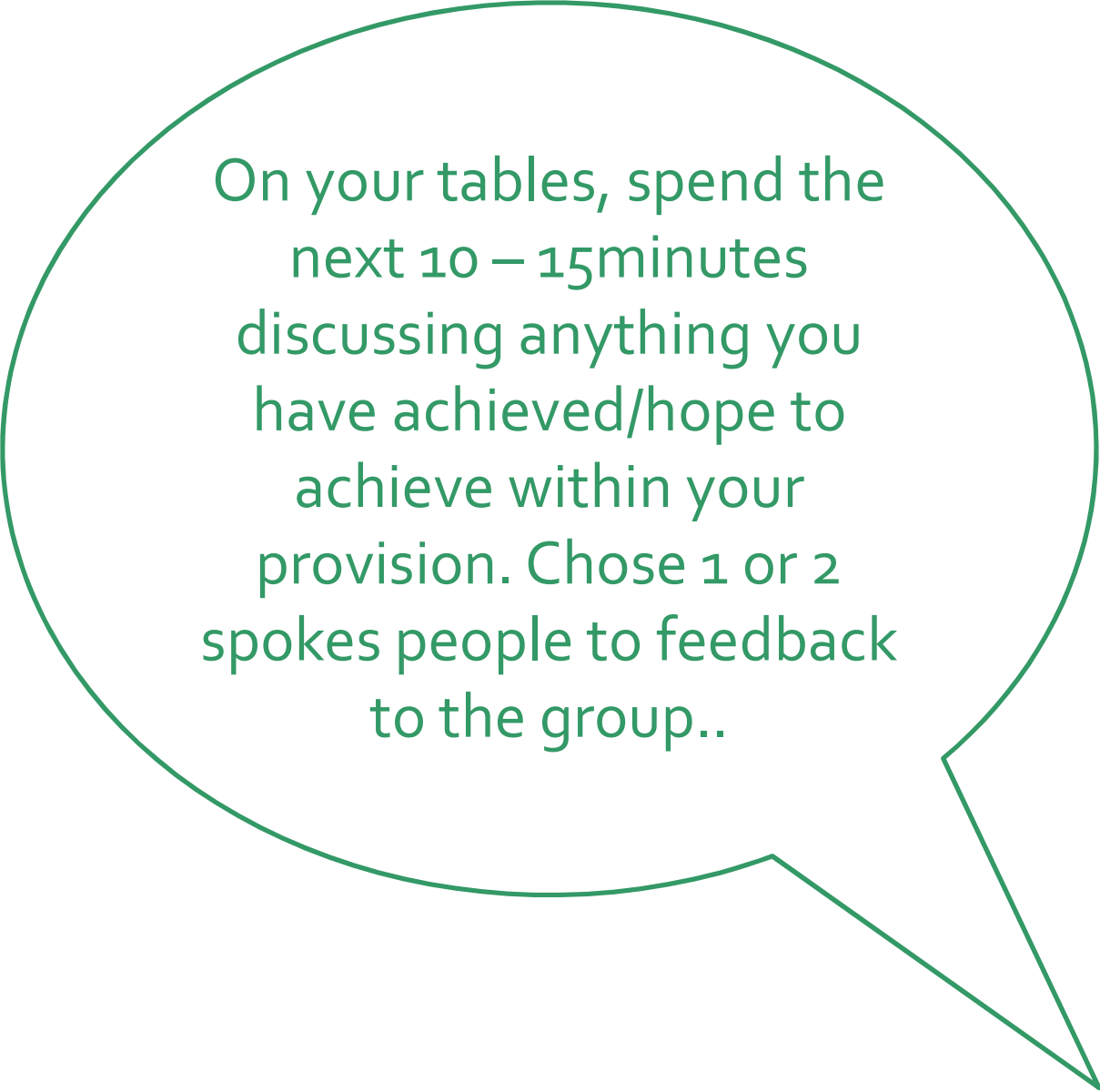
Break

Case studies

Sharon Tyne
from Mirfield
Free
Grammar

Jeanette Lee from
Ashbrow Primary
School
[Karl.Jackson-
Lander@RichmondFello
wship.org.uk](mailto:Karl.Jackson-Lander@RichmondFellowship.org.uk)
07909 993203

Joanne
Thompson
– Royds
Hall



On your tables, spend the next 10 – 15 minutes discussing anything you have achieved/hope to achieve within your provision. Chose 1 or 2 spokes people to feedback to the group..

Resources...

Donate

Training

Resources

Events

Need help now?



Charlie Waller Memorial Trust
Depression - let's get talking



Trainer login

About us

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GPs & primary care

Fundraising

News & Events

Shop



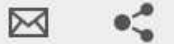
Working with parents and carers



Parents can feel very alone when trying to help a child with a mental health

[Find Help](#) ▾[Get Involved](#) ▾[For Professionals](#) ▾[SEARCH](#)[Parents Helpline](#)[Donate](#)

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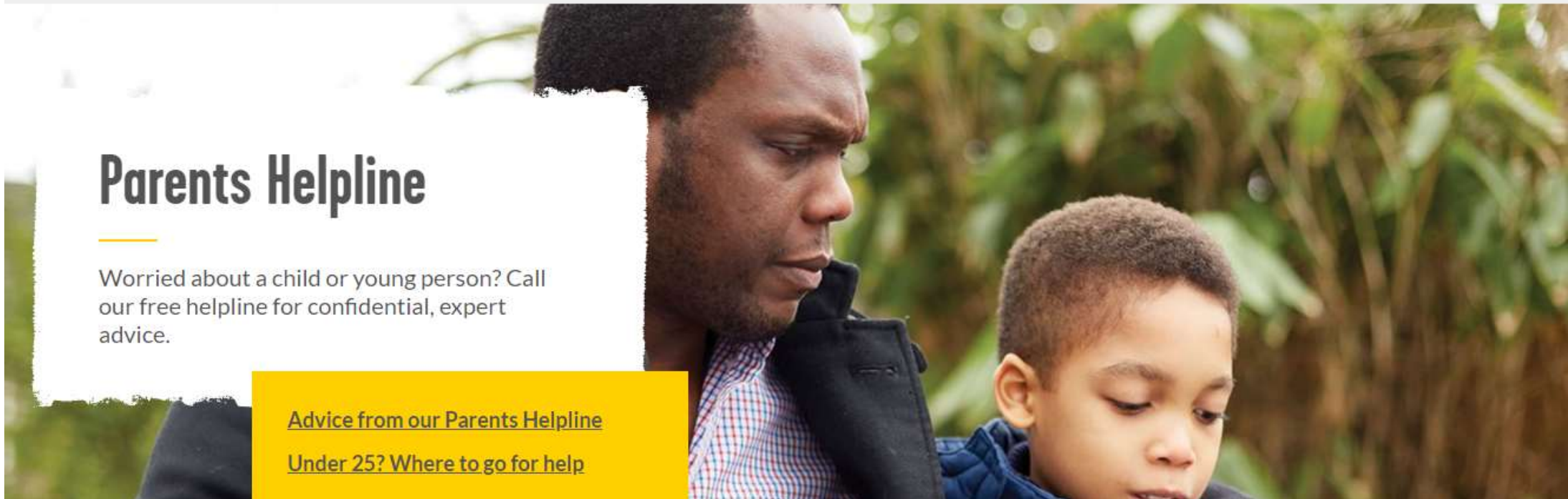


Parents Helpline

Worried about a child or young person? Call our free helpline for confidential, expert advice.

[Advice from our Parents Helpline](#)

[Under 25? Where to go for help](#)



Parentkind

Bringing together home & school



PTAs join now

Parent Councils join now

Login/register

PARENTS

PTAS

SCHOOLS

PARENT COUNCILS

RESEARCH & POLICY

NEWS & BLOG

Welcome to Parentkind

The place for parents who want to be more involved in their children's education. As a charity we support parent engagement in schools. As a membership organisation we've been supporting PTAs, Friends groups and other parent associations for over 60 years.

[Our story](#)





Engaging With All Parents and Carers Booklet

[Home](#) > [Parents](#)

Our work with parents

Children, young people and families are at the heart of everything we do, and we are committed to involving young people and



Supporting mental health & wellbeing in schools:
Engaging with all parents and carers

Anna Freud
National Centre for Children and Families

Join Now

Schools in Mind Sign Up

Click to join the Schools in Mind Network

Steps towards a better future...

- Discuss the practice shared today
- Next steps... create an independent action point to take back to your provision
- Feedback